



AFTERNOON

16H00 - 19H00

TÁBUA DE PÃO BIOLÓGICO GARFA, MANTEIGA CASEIRA 3,80

BIOLOGIC BREADS FROM GARFA, HOMEMADE BUTTER

CARPACCIO DE BETERRABA, IOGURTE DE RÁBANO, VINAGRETE

DE MAÇÃ/CHALOTA, ÓLEO DE ABÓBORA ● 6,00

BEETROOT CARPACCIO, HORSERADISH YOGURT, APPLE/CHALOT DRESSING

PUMPKIN OIL

SALMÃO MARINADO COM BETERRABA, IOGURTE DE PEPINO

PÃO BIOLÓGICO 7,50

SALMON, MARINATED WITH BEETROOT, CUCUMBER YOGURT, BIOLOGIC BREAD

TÁBUAS DE QUEIJOS ARTESANAIS, MARMELADA, CRACKERS 9,50/12,50

ARTESANAL CHEESE BOARDS, QUINCE MARMALADE, CRACKERS

PANNA COTTA DE MATCHA, PURÉ DE MANGA, SÉSAMO PRETO ● 5,50

MATCHA PANNA COTTA, MANGO PURÉ, BLACK SESAME

GANACHE DE CHOCOLATE COZIDO, AVELÃS E ESPECIARIAS

CRÈME FRAÎCHE DOCE, ÓLEO DE LARANJA, FLOR DE SAL ● 5,50

BAKED CHOCOLATE GANACHE, SPICED HAZELNUTS, SWEET CRÈME FRAÎCHE,

ORANGE OIL, FLEUR DE SEL

GELADO DE LIMÃO PRESERVADO, CRUMBLE DE CARDAMOMO ● 5,50

HOMEMADE PRESERVED LEMON ICECREAM, CARDAMOM CRUMBLE



DINNER

20H00 - 23H00

TÁBUA DE PÃO BIOLÓGICO GARFA, MANTEIGA CASEIRA 3,80
BIOLOGIC BREADS FROM GARFA, HOMEMADE BUTTER

ENTRADAS STARTERS

SUMMER ROLL FRESCO COM CAMARÃO 5,50
FRESH SUMMER ROLL WITH PRAWNS

CARPACCIO DE BETERRABA, IOGURTE DE RÁBANO
VINAGRETE DE MAÇÃ/CHALOTA, ÓLEO DE ABÓBORA ● 6,00
BEETROOT CARPACCIO, HORSERADISH YOGURT
APPLE/CHALOT DRESSING, PUMPKIN OIL

PURÉ DE COUVE-FLOR, CHALOTA, COGUMELOS, PICKLE DE COUVE-FLOR
PAPRIKA FUMADA ● 7,50
CAULIFLOWER PURÉE, SHALLOT, MUSHROOMS, CAULIFLOWER PICKLE, SMOKED PAPRIKA

SALMÃO MARINADO COM BETERRABA, IOGURTE DE PEPINO
AGRIÃO SELVAGEM ● 11,50
SALMON, MARINATED WITH BEETROOT, CUCUMBER YOGURT
WILD WATERCRESS

● SEM GLÚTEN
● VEGAN
● VEGETARIANO

PRATOS MAINS

SOBA NOODLES COM CALDO ASIÁTICO
TOFU FUMADO, AMENDOINS, CEBOLA FRITA, COENTROS ● 11,50
SOBA NOODLES IN ASIAN VEGETABLE BROTH, SMOKED TOFU, PEANUTS
FRIED ONIONS, CORIANDER

CEVADINHA DE ALHO FRANCÊS E RÚCULA, ESPARGOS VERDES

QUEIJO DE CABRA 12,80
LEEK AND RUCULA PEARL BARLEY, GREEN ASPARAGUS, GOAT CHEESE

LOMBO DE PORCO COM MISO BRANCO, TORANJA, PÊRA EM PICKLE ● 13,50
PORK TENDERLOIN WITH WHITE MISO, BLOOD ORANGE, PICKLED PEAR

LULAS COM 3 QUINOAS, MOLHO DE PASTA DE SÉSAMO PRETO

ERVILHA QUEBRADA, PICKLE DE CENOURAS BIO 13,50
SQUID WITH 3 QUINOAS, BLACK TAHINI SAUCE, MANGETOUT
HOMEMADE BIO CARROT PICKLE

COSTELETAS DE BORREGO DE ARMAMAR

COENTROS/AMENDOÍM DIP, SALADA DE BULGUR 16,50
LAMB CHOPS FROM ARMAMAR, CORIANDER/PEANUT DIP, BULGUR SALAD

SOBREMESAS DESSERTS

PANNA COTTA DE MATCHA, PURÉ DE MANGA, SÉSAMO PRETO ● 5,50
MATCHA PANNA COTTA, MANGO PURÉE, BLACK SESAME

GANACHE DE CHOCOLATE COZIDO, AVELÃS E ESPECIARIAS

CRÈME FRAÎCHE DOCE, ÓLEO DE LARANJA, FLOR DE SEL ● 5,50
BAKED CHOCOLATE GANACHE, SPICED HAZELNUTS, SWEET CRÈME FRAÎCHE
ORANGE OIL, FLEUR DE SEL

GELADO DE LIMÃO PRESERVADO, CRUMBLE DE CARDAMOMO ● 5,50
HOMEMADE PRESERVED LEMON ICECREAM, CARDAMOM CRUMBLE